



North Texas Counselors

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Jackie Burson, MS, NCC, LPC-S, RPT-S

Jackie Burson, Director of North Texas Counselors, has developed a unique therapeutic approach relating to patients of all ages. As a Registered Play Therapist-Supervisor, Jackie and her staff specialize in going beyond “talk therapy” and providing an interactive or hands-on approach, through role-play, art or communication tools. They offer a state-of-the-art play therapy room, year-round social skills groups for kids, and filial parenting groups. Counselors are known for their natural connection to others and creative approach to counseling, which makes North Texas Counselors unique and successful.

Jackie began her professional career as a special education teacher, always wanting to provide more support for her students, which led her into the counseling field. “I take pride in creating a safe, supportive environment allowing others to heal from pain and develop healthy ways of living”, said Jackie.

At North Texas counselors, therapists offer individual, group and family counseling for all ages along with play therapy for children (as young as four). While they specialize in helping patients successfully deal with depression/anxiety, social skills, divorce, anger management/behavior problems, ADD/ADHD, Autism/Asperger’s and relationship difficulties, counselors have extensive experience in assisting clients achieve emotional well-being in many of life’s other challenges as well. 